

Meal Prices

Student Lunch	\$3.25
Premium Lunch	\$4.00
Red. Lunch	\$.40
Adult Lunch	\$4.50

Conestoga High School

Lunch Menu

March

Register at www.paypams.com for FREE! View your child's account balance, account statement & receive low balance email notifications! Deposits made on-line will incur a \$1.95 fee. All other services are free.

- W 3/1 Bacon Cheese Burger on a Kaiser Roll, Steamed Corn, Fresh Apple, Chilled Peaches
- TH 3/2 Meatball Parmesan Sandwich on a Sub, Seasoned Steamed Carrots, Cucs w/dip, Pears, Fresh Apple
- F 3/3 Toasted Cheese with Tomato Soup, Steamed Corn, Fresh Orange, Chilled Peaches

- M 3/6 Pizza Dippers with Hot Marinara Sauce, Green Beans, Fresh Salad, Pineapple Chunks, Apple Slices
- T 3/7 Cheese Steak with Fried Onions & Sauce, Fresh Baby Carrots, Sliced Cucumber, Fresh Banana, Chilled Pears
- W 3/8 BBQ Chicken Wings, Seasoned Baked Beans, Peas, Fresh Chilled Apple, Peaches
- TH 3/9 Soft Beef Taco w/Lettuce, Tomato, Salsa, Cheese, Black Beans, Corn, Fresh Apple, Pears
- F 3/10 General Tso's Chicken over Noodles, Stir Fry Vegetables, Broccoli w/dip, Mixed Fruit, Applesauce

- M 3/13 Chicken Tenders with Dipping Sauce, Scalloped Potatoes, Steamed Peas, Fresh Banana, Diced Peaches
- T 3/14 Pizza Dippers with Hot Marinara Sauce, Green Beans, Fresh Salad, Pineapple Chunks, Apple Slices
- W 3/15 Hot Roast Beef Sandwich w/ Provolone Cheese, Pasta Salad, Corn, Pears, Pineapple Tidbits
- TH 3/16 Lasagna Roll-ups, Tossed Salad, Broccoli, Fresh Orange, Chilled Peaches
- F 3/17 Corned Beef, Cabbage, Potatoes, Green Beans, Peaches



- M 3/20 Mandarin Orange Chicken, Oriental Veggies, Rice, Orange Slices
- T 3/21 Spaghetti w/Meatballs, Tossed Salad, Seasoned Green Beans, Applesauce, Orange
- W 3/22 Calzone w/Marinara Sauce, Green Beans, Cucumber Slices, Banana, Chilled Peaches
- TH 3/23 Italian Hoagie, Tomato Salad, Baby Carrots w/Dip, Fresh Apple, Pears
- F 3/24 Chicken Parmesan on a Kaiser Roll, Coleslaw, Carrot Sticks, Fresh Grapes, Chilled Mixed Fruit

- M 3/27 Chicken & Broccoli Alfredo Over Noodles Tossed Salad, Fresh Carrot Sticks, Fresh Grapes, Mixed Fruit
- T 3/28 BBQ Pork Rib Sandwich on a Kaiser, Creamy Potato Salad, Corn, Peaches, Pears
- W 3/29 Bacon Cheese Burger on a Kaiser Roll, Steamed Corn, Fresh Apple, Chilled Peaches
- TH 3/30 Meatball Parmesan Sandwich on a Sub, Seasoned Steamed Carrots, Cucs w/dip, Pears, Fresh Apple
- F 3/31 Toasted Cheese with Tomato Soup, Steamed Corn, Fresh Orange, Chilled Peaches



Cheeseburger, Grilled Chicken, Chicken Patty, Vegetarian Burgers



Ham, Turkey, Roast Beef, Tuna Salad, Chicken Salad, Hot & Spicy Ham, Salami, 3 Cheeses and Assorted Bread and Kaiser Rolls



Traditional Salad Bar and Specialty Salad Bar



Two Pasta's and Two Sauces Available Daily



Two Soups and/or Chili Daily



Mickey's Cheese Pizza Plus One Daily Special



Premade Salads, Wraps, Deli Sandwiches

Point of Sale payments can be made by check or cash. Please include your child's name and pin # with all pre-payments. You may also pay online at www.paypams.com. PayPams registration is FREE giving you access to account balances and statements. PayPams charges \$1.95 transaction fee for deposits made online, but all other services are free.

8oz 1% White Milk, Non-fat White Milk and Non-fat Chocolate Milk included with all Meals